Instructions and Requirements for All Patients:

- No food or drink (other than water) for 12 hours prior to scan (including gum, breath mints, cough drops, hard candy or anything that may contain sugar).
- You may drink ONLY water up to the time of your scan. It must be plain, unflavored water, not tea or coffee.
- No strenuous exercise 24 hours prior to your scan.
- Take medications as scheduled prior to your scan as long as they are tolerated on an empty stomach.
- Avoid wearing any metal (including underwire bra, jewelry, hair pins/clips and metal belt buckles.)
- Wear warm, loose-fitting clothing; the scanning room tends to be quite cool. You will NOT be required to remove your clothing prior to the scan.
- Allow 2 hours for your appointment. For the scan itself you must be able to lay still and mostly flat for about 30 minutes.
- If you need pain or anxiety medication, obtain this medication from your physician and bring it with you to your appointment.

Additional Instructions for Diabetic Patients:

- On the day of the exam, diabetics who take ORAL medications should wait until the scan is completed to take them.